## Deshler Middle School

Lunch January 2024
"One of the Best Little Middle Schools in America"

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| Lunch Meal Prices <br> Employee: $\$ 4.50$ <br> Visitor: \$5.00 <br> FREE for all students <br> Milk Offered Daily | Grab \& Go Salads Offered Mon, Wed, \& Fri Grab \& Go PBJ Sandwich Meal Offered Tues \& Thur <br> www.myschoolbucks.com <br> Convenient access to meal balances, purchases, and make payments. |  | Chicken Bites or Pizza Creamed Potatoes Green Beans Roll Romaine Salad Fruit \& Dessert $\mathbf{4}$ | BBQ Sandwich or Turkey Sandwich Lettuce \& Tomato or Slaw Corn <br> French Fries Fruit |
| Hotdog or Corndog Slaw Baked Beans Baked Chips Fruit | BBQ Chicken Sandwich or Rib Sandwich Green Beans Mac \& Cheese Romaine Salad Fruit Dessert $\mathbf{9}$ | Taco Soup <br> Grilled Cheese Sandwich or PB\&J <br> Crackers <br> Broccoli <br> Romaine Salad <br> Fruit <br> $\mathbf{1 0}$ | Chicken Tenders or Salisbury Steak with Gravy <br> Creamed Potatoes <br> Sweet Peas <br> Romaine Salad <br> Roll <br> Fruit \& Dessert <br> 11 | Cheese Sticks or Pizza Crunchers <br> Marinara Sauce Corn <br> Romaine Salad Fruit |
| Martin Luther King, Jr. Holiday $15$ | Chicken Alfredo or Pizza Green Beans Roll <br> Romaine Salad Fruit Brownie 16 | Chili Crispito or Chicken Quesadilla <br> Lettuce \& Tomato Cheese Dip, Salsa, \& Chips Seasoned Beans Fruit | Turkey Noodle Soup Grilled Cheese Sandwich or PB\&J Crackers Broccoli Romaine Salad Fruit Dessert $\mathbf{1 8}$ | Hot Pocket or Pizza <br> Marinara Sauce <br> Corn <br> Romaine Salad Fruit |
| Hamburger <br> or Cheeseburger <br> Lettuce \& Tomato <br> Baked Beans <br> Baked Chips <br> Fruit <br>  <br> $\mathbf{2 2}$ | Chicken Spaghetti or Pizza <br> Green Beans <br> Roll <br> Romaine Salad Fruit Dessert 23 | Breakfast Bar Biscuit or Pancakes Sausage <br> Hash Browns Eggs <br> Tomato Slices Fruit \& Fruit Juice 24 | Hot Ham \& Cheese Sandwich or Cheese Sticks Lettuce \& Tomato Marinara Sauce Broccoli Fruit Dessert $\mathbf{2 5}$ | Spicy Chicken Sandwich or Grilled Chicken Sandwich <br> Lettuce \& Tomato Corn French Fries Fruit |
| Pizza <br> or Ham Sandwich <br> Lettuce \& Tomato or Romaine Salad <br> Green Beans <br> Buttery Garlic Noodles <br> Fruit <br> 29 | Turkey Roast with Gravy or Salisbury Steak with Gravy <br> Creamed Potatoes <br> Sweet Peas Roll <br> Romaine Salad <br> Fruit \& Brownie | Chicken Fajita or Chicken Quesadilla <br> Lettuce \& Tomato Cheese Dip, Salsa, \& Chips Seasoned Beans Fruit |  | This menu is subject to change due to food shortages and delivery issues. <br> Offer Vs Serve <br> A full meal for a student includes 3 of the 5 items and must include a fruit or a vegetable |

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